City of College Park August 2021



CITY OF COLLEGE PARK SENIORS PROGRAM NEWSLETTER

FOR CITY OF COLLEGE PARK SENIORS

Greetings College Park Seniors CITY ACCEPTED IN LIVABLE COMMUNITIES NETWORK

The City of College Park has "joined a global effort to be a more livable and age-friendly community". Acceptance into the AARP Network of Friendly States and Communities occurred in June 2021. The AARP network of communities have made a commitment to focus on targeted areas that enhance livability for residents of all ages. City of College Park volunteers will form to focus on enhancing housing, transportation, social participation, community support and health service, communication and information. Indicate your interest and join at the kick-off planned for October 9, 2021 during College Park Day! Come out, volunteer, be an active participant in creating a great place to live for all age residents.

COVID-19 NEWS

- In Maryland, positivity cases have increased a little over 3%.
- "Unvaccinated Marylanders accounted for 100% of COVID-related deaths in June 2021."
- Baltimore County, Montgomery County and Prince George's County have the highest reported deaths in Maryland. Caroline County has the lowest reported deaths.
- "The Delta Variant has become the dominant strain of coronavirus, resulting in a rise in infections and hospitalizations."
- Vaccinations, mask wearing, washing hands, social distancing are all encouraged. Be safe, be well!

Information gathered from CDC and Maryland Department of Health Data

IMPORTANT PHONE NUMBERS Seniors Program 301-345-8100 Medicare 1-800-633-4227

Social Security 1-800-772-1213

City of College Park Seniors Program Staff Angie Burns Seniors Program Manager Fatima Knight Seniors Advocate Deidre Massey Administrative Assistant

Bus Operators: Marina Guzman James Eubanks Joseph Shearin

Donna Jones Seniors Social Coordinator City of College Park August 2021

RESOURCES FOR VULNERABLE NEIGHBORS

At times we encounter situations where someone needs our help. One example may be an older neighbor who seems lost, out of sorts and is wandering about. Other examples include changes in an older person's physical appearance, the interior and/or exterior of their home or them not quite seeming to be the person they use to be. There are resources available if you know an older adult who needs assistance.

How to help?

If an elderly or other vulnerable adult is being abused or neglected, call Adult Protective Services at 301-909-2228 to report your suspicions for investigation.

<u>Adult Evaluation and Review (AERS)</u> will provide an assessment of individuals who appear functionally or chronically ill and are at risk of institutionalization. Contact them 301-856-4730 for more information.

If an individual needs crisis counseling, <u>Prince George's County Crisis Response</u> can be reached at 301-429-2185, 24 hours a day. Immediate counseling is provided for those in emotional distress.

Other <u>mental health resources</u> for those experiencing difficult times can be accessed through 2-1-1.

Are you looking for services for older adults? Contact <u>Eldercare Locator</u> at 1-800-677-1116. A specialist will speak with you and answer your questions.

<u>Prince George's County Police</u> can do a wellness check for persons who appear at risk and you worry they are in danger. Call 911 if there is an eminent emergency or 301-352-1200 extension 5 for non-emergency response.

ENJOY YOUR SUMMER

To contact Senior Program staff please call 301-345-8100.

** If you would like to receive a monthly email version of the College Park Seniors Newsletter, sign up by visiting: www.collegeparkmd.gov/cpconnect
The newsletter is also available for viewing online in the Social Activities Section on the city website:
https://www.collegeparkmd.gov/seniorsprogram